

24022 Calle De La Plata, Ste. 180  
Laguna Hills, CA 92653  
Phone: (949) 458-3551 Fax: (949) 206-1179

**PERSONAL INFORMATION**

\*First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_ \*Last name: \_\_\_\_\_

\*Person filling out this form: \_\_\_\_\_

\*Gender: \_\_\_\_\_ Marital Status: Married / Divorced / Single / Widow / Seperated

Last 4 digits of SSN#: \_\_\_\_\_ \*Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

\*Height: \_\_\_\_\_ ft \_\_\_\_\_ inches \*Weight: \_\_\_\_\_ pounds (Please be as accurate as possible)

\*Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

\*We will call you on the weekday before your surgery. What is the best number to contact you?  
\_\_\_\_\_ Home / Cell / Work

\*Email Address: \_\_\_\_\_

\*Address: \_\_\_\_\_ \*Apt/Unit #: \_\_\_\_\_

\*City: \_\_\_\_\_ \*State: \_\_\_\_\_ \*Zip Code: \_\_\_\_\_

\*OK to leave a voice message if you are unavailable?  Yes  No

\*Do we have permission to give your medical information to another person(s)?  Yes  No  
If yes please list the person(s) name and relationship: \_\_\_\_\_

\*Primary language: \_\_\_\_\_ \*Interpreter needed:  Yes  No

**EMERGENCY CONTACT:** \*First name: \_\_\_\_\_ \*Last name: \_\_\_\_\_

\*Phone number: \_\_\_\_\_ \*Relationship to you: \_\_\_\_\_

\*Is this person your driver?  Yes  No If no, please list driver's name and phone number:  
\_\_\_\_\_

\*Do you have an Advance Health Care Directive  Yes  No  
If not, would you like information?  Yes  No

(Advance directive is a general term that refers to your oral or written instructions about your future medical care in the event that you become unable to communicate those instructions. Should you have an Advance Directive, you may provide a copy for your record but as a provider of outpatient services, it is the policy of this facility that Advance Directives will **NOT** be honored.

For more information, please contact the surgery center. In the unlikely event that you are transferred to a hospital, your Advance Directive will accompany you.)

\*Employment Status: Full Time / Part Time / Unemployed / Retired / Student

INSURANCE INFORMATION

\*Is this visit the result of a motorvehicle or work related incident?  Yes  No

\*Please list type of PRIMARY insurance (ex: Medicare, Blue Shield, etc.): \_\_\_\_\_

\*Policy # / ID #: \_\_\_\_\_ Group # (if applicable): \_\_\_\_\_

\*Policy holders relationship to patient: \_\_\_\_\_

\*Please list type of SECONDARY insurance (if applicable): \_\_\_\_\_

\*Policy # / ID #: \_\_\_\_\_ Group # (if applicable): \_\_\_\_\_

PRIMARY CARE PHYSICIAN

\*Name: \_\_\_\_\_

\*Phone Number: \_\_\_\_\_

VISIT INFORMATION

Surgeon/Doctor: \_\_\_\_\_ Surgery Date: \_\_\_\_\_  Do not know

What operation are you having? (Please circle one) Site? Right or Left or Not Applicable

Ophthalmology Retina Pain Podiatry Dermatology/Plastics Other

What type of operation? (Please circle one)

Cataract Extraction with Lens Pterygium Excision with Graft Refractive Lens Exchange

Corneal Transplant Other Unknown

PATIENT INFORMATION

Have you or a member of your family had any problems associated with a previous surgery or anesthesia, such as nausea, vomiting, Malignant Hyperthermia, or Pseudocholinesterase Deficiency?  Yes  No

If yes, please explain: \_\_\_\_\_

Have you been diagnosed with a drug resistant organism such as \*MSRA (Methicillin-Resistant Staphylococcus Aureus)?  Yes  No

\*VRE (Vancomycin-Resistant Staphylococcus Aureus)?  Yes  No

Do you need mobility aids?  Yes  No If yes, specify: \_\_\_\_\_

\*Have you ever been told after surgery that you were a difficult intubation?  Yes  No

Have you traveled to an Ebola-affected area within the last 30 days ?  Yes  No

(Currently Guinea, Liberia, Sierra Leone, Nigeria, Spain, Senegal, Dallas, Texas, or New York City, NY)

If yes, where did you travel? \_\_\_\_\_

ALLERGIES, MEDICATIONS AND SURGERIES

\*Do you have any drug/medication allergies?

Yes  No

If yes, please list medication and reaction

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\*Are you allergic to latex?  Yes  No If yes, what is the reaction? \_\_\_\_\_

\*Do you have any food allergies (peanuts, shellfish, egg yolks, sulfite, gluten)?

Yes  No

If yes, name the allergy and reaction: \_\_\_\_\_

\*Do you have any environmental allergies?  Yes  No

If yes, please list and give reaction: \_\_\_\_\_

\*Do you take any medications  Yes  No  
*(including over the counter or herbal medications, vitamins/supplements or diet pills)?*

List Medications Below	Dosage	Units/Mg	How often taken/Times a day
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

\*\*\*If you need more space for medications, please list them on the back of this form or on a separate paper

\*Have you been instructed by your physician to stop taking any medication prior to surgery (for example Plavix, Coumadin, Anti-Inflammatory or Aspirin) ?

Yes  No

If yes, date you stopped the medication: \_\_\_\_\_ and please list the medication(s) that you stopped taking \_\_\_\_\_

\*Have you had any surgeries/procedures?

Yes  No

(including plastic or dental surgery, colonoscopy, and childhood surgeries such as a tonsillectomy)

If yes, please list type of surgery/procedure and the year performed.  
 (use back of the page if you need more space)

Type: _____	Year: _____	Anesthesia Type: _____
Type: _____	Year: _____	Anesthesia Type: _____
Type: _____	Year: _____	Anesthesia Type: _____
Type: _____	Year: _____	Anesthesia Type: _____
Type: _____	Year: _____	Anesthesia Type: _____

\*Do you have a preferred pharmacy?       Yes       No

\*Name: \_\_\_\_\_

\*Phone #: \_\_\_\_\_

\*Have you ever taken a medication called Flomax?       Yes       No

## MEDICAL HISTORY

### Cardiovascular Assessment:

\*Are you followed by a cardiologist?       Yes       No

If yes, please list doctor name: \_\_\_\_\_ Office contact number: \_\_\_\_\_

\*Have you had high blood pressure?       Yes       No

\*Do you have an irregular heart rhythm? (Ex: Atrial Fibrillation, Tachycardia)       Yes       No

If yes, what type do you have?: \_\_\_\_\_

\*Do you have angina or chest pain?       Yes       No

If yes, how often you you experience chest pains? \_\_\_\_\_

\*Do you have any heart stents?       Yes       No      Year implanted: \_\_\_\_\_ How many? \_\_\_\_\_

\*Valvular Disease? (Excluding Mitral Valve Prolapse)       Yes       No

\*Do you have a pacemaker or difibrillator?       Yes       No      If yes, which device? \_\_\_\_\_

\*Do you have high cholesterol?       Yes       No

\*Do you have any other heart diseases?       Yes       No

If yes, please explain \_\_\_\_\_

### Pulmonary Assessment:

\*Sleep apnea?       Yes       No      If yes, do you use a CPAP/BIPAP mask?       Yes       No

\*Do you have pulmonary embolism or tuberculosis?       Yes       No

If yes, please explain: \_\_\_\_\_

\*Do you have asthma?       Yes       No

\*Do you have COPD?       Yes       No

\*Do you have any other pulmonary disease?       Yes       No

If yes, please explain: \_\_\_\_\_

## SOCIAL ASSESSMENT

\*Level of physical activity?(Circle one)      Regular      Irregular      Do not exercise

\*Do you smoke cigarettes?       Yes       No       Quit (if so, what year did you quit?) \_\_\_\_\_

\*Do you drink alcohol?       Yes       No       Quit/Recovery

If yes: how many drinks? \_\_\_\_\_ Per day, week, month or year: \_\_\_\_\_

\*Do you use recreational drugs?       Yes       No      If yes, which type: \_\_\_\_\_

MENTAL HEALTH ASSESSMENT:

\*Do you have anxiety, depression or any other form of mental health conditions?  Yes  No

If yes, please explain: \_\_\_\_\_

Please add any additional psychiatric information for you or anyone in your immediate family:

MEDICAL CONDITIONS: HISTORY

Dermatology:

\*Do you bruise easily?  Yes  No

\*Does your skin tear easily?  Yes  No

Neurological:

\*Have you experienced any neurological conditions, including stroke, seizure, dizziness, fainting spells or loss of consciousness?  Yes  No

If yes, please explain: \_\_\_\_\_

\*Have you had a stroke / CVA (cerebral vascular accident) / TIA (transient ischemic attack)?  Yes  No

If yes, when and are there any residual affects? \_\_\_\_\_

\*Do you have glaucoma?  Yes  No

Endocrine:

\*Do you have diabetes, thyroid disease, hypoglycemia or any other endocrine condition?  Yes  No

If yes, which type? \_\_\_\_\_

Blood Disorder:

\*Do you have any blood or clotting disorders, including Deep Vein Thrombosis or pulmonary embolism?

Yes  No

If yes, please explain: \_\_\_\_\_

Liver:

\*Have you ever been diagnosed with Hepatitis?  Yes  No If yes, which type? \_\_\_\_\_

Kidney/Urinary:

\*Do you experience chronic renal failure, bladder or kidney disease/stones, incontinence, painful or difficult urination?  Yes  No If yes, please explain: \_\_\_\_\_

Gastrointestinal:

Do you have Gastro Esophagal Reflux Disease (GERD), heartburn, or hiatal hernia?  Yes  No

If yes, how often you do you have symptoms? \_\_\_\_\_

\*Do you have Crohn's Disease / ulcerative colitis?  Yes  No

Muscular/Skeletal:

\*Do you have lower back pain?  Yes  No

\*Do you have chronic pain?  Yes  No

\*Do you have arthritis?  Yes  No

\*Do you have joint replacement or dislocation?  Yes  No

If yes, which joint and when? \_\_\_\_\_

Women Only:

\*Are you pregnant?  Yes  No

Date of last menstrual cycle: \_\_\_\_\_

\*Have you reached menopause?  Yes  No

Please list any other gynecological conditions or concerns that we should be aware of:

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Other Conditions:

\*Do you, or have you ever had cancer?  Yes  No

If yes, which type: \_\_\_\_\_

Did you receive radiation treatments?  Yes  No

Did you receive chemotherapy treatments?  Yes  No

\*Are there any other medical conditions/concerns that we should be aware of?  Yes  No

If yes please explain: \_\_\_\_\_

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PRE-VISIT INSTRUCTIONS

\*If you use an inhaler, bring that with you.

\*For cataract patients, please do not wear eye makeup.

\*Your surgeon will provide specific instructions for care while recovering at home. In the event of any difficulty, please call your surgeon.

\*For the first 24 hours following surgery, do not engage in strenuous activities, do not drink any alcoholic beverages, do not drive and do not make any critical decisions.

\*Co-insurance/deductable/copay payment is due on the day of surgery, if applicable.

\*Make arrangements for someone to transport you home.

\*The day before surgery, follow your physician's instructions regarding medication usage.

\*Anesthesia patients: nothing to eat or drink (including water, gum or candy) after midnight the night prior to surgery unless otherwise instructed by your doctor or anesthesiologist (failure to follow the instructions may result in delay or cancellation of your procedure).

\*Leave all valuables at home, except for your photo ID card, insurance cards, and any payments for the day of surgery.

\*No gum chewing the morning of surgery.